

Easter Activity Programme

Saturday 6th April - Sunday 28th April 2019



	SATURDAY 6th, 13th, 20th & 27th April	SUNDAY 7th, 14th, 21st & 28th April	MONDAY 8th, 15th & 22nd April	TUESDAY 9th, 16th & 23rd April	WEDNESDAY 10th, 17th & 24th April	THURSDAY 11th, 18th & 25th April	FRIDAY 12th, 19th & 26th April
10.00am - 11.00am	Cardio & Core 16yrs+ 8.30am - 9.30am Wild Wild West 3-7yrs	Circus Skills 6yrs+	Pilates 16yrs+ 9.30am - 10.30am	Pirates Paradise 3 - 7yrs	Sea Scooters* ** 9yrs+	Wild Wild West 3-7yrs Teddy Bear Making 2yrs+	Don't forget Splash Times in the Swimming Pool 10am - 12pm, 1.30pm - 2.30pm & 4pm - 6pm.
11.30am - 1.00pm	Archery 7yrs+	Archery 7yrs+	Why not try Whitemeads Nature Trail or Go Quest	Archery 7yrs+	Science Kids 5 - 10yrs	Fencing 9yrs+ Crossbows 12yrs+ Aqua Aerobics 16yrs+ 12.30pm - 1.30pm	Why not try Whitemeads Nature Trail or Go Quest
2.30pm - 4.00pm	Snorkelling & Sea Scooters** 9yrs+	Crazy Carts 9yrs+ Water Walkerz* 5yrs+	Water Walkerz* 5yrs+	Snorkelling & Sea Scooters** 9yrs+	Water Walkerz* 5yrs+ Circus Skills 6yrs+	Snorkelling & Sea Scooters** 9yrs+	Water Walkerz* 5yrs+
4.30pm - 6.00pm	Fencing 9yrs+	Crossbows 12yrs+ Body Zorbs 7-16yrs		Body Zorbs 7-16yrs	Archery 7yrs+ Panna Soccer 5yrs+	Archery 7yrs+	
Evening Activities	Water Polo 11yrs+ 8pm - 8.45pm		Aquarobics 16yrs+ 6.15pm - 7pm	Water Polo 11yrs+ 8pm - 8.45pm	Boot Camp 16yrs+ 6.15pm - 7.15pm		

*A timeslot will be given on booking. ** Must be a competent swimmer.

All activities are parent accompanied – parents remain responsible for their children at all times.

Due to the nature of some activities, the length of each session may vary. *A time slot will be given on booking.



Roaming Reptile Show

Tuesday's
(3x 30 min shows
from 11.30am)

Whitemead's Nature Trail

Pick up your quiz
leaflet from
Guest Services
FREE

Easter Egg Hunt

Sunday 21st April
Anytime between
10am - 4pm, £3.

Go Quest Family Orienteering

Every day from
Guest Services
10am - 6pm
£6 per group

Swimming Pool Splash times

Every day
10am - 12pm
1.30pm - 2.30pm
4pm - 6pm



Teddy Bear Making £17

Make a new best friend to treasure forever! Design a T Shirt, give it a name and bring your bear to life!

Archery £14

Learn the skills and techniques of shooting a performance bow with an archery qualified activity leader.

Snorkelling & Sea Scooters £14

Learn the basics of snorkelling with our instructors then shoot and zoom around the pool on our sea scooters! Participant must be a competent swimmer.

Crossbows £12

Try out this exciting activity and learn the skills of shooting a crossbow on our fantastic range.

Fencing £10

Learn the footwork and sword skills of this fast and athletic sport with a qualified fencing activity leader.

Crazy Carts £10

Feel like a Formula 1 pro on our crazy carts! You can drive and drift forward, backward, sideways, diagonally, and everything in between!

Body Zorbs £10

Body Zorbs is a fun and energetic activity that encases you from the waist up in a huge ball with your legs free letting you run, jump and flip.

Sea Scooters* £8

Shoot and zoom around the pool on our sea scooters! Participants must be competent swimmers. A timeslot will be given upon booking.

Pirates Paradise £6

Dress up like a pirate, play games and join us on our hunt for the treasure!

Reptile Show £6

Roaming Reptiles brings the zoo to us! Get up close and personal with a selection of snakes, lizards and bugs. Three half-hour shows are available: 11.30am, 12.15pm and 1.00pm, and children of all ages are welcome. Adult supervision is required for this activity. Pre-Booking Essential.

Panna Soccer £6

Panna - to pass the ball through your opponents legs. Played in an inflatable arena, participants either go solo in a 1v1 match or partner up and take on another pair in the game of Panna Soccer.

Wild Wild West £6

Yee haa! Discover life in the Wild Wild West, become a cowboy or cowgirl - lasso cattle, pan for gold and take a drink in the saloon!

Science Kids £6

Science kids is an exciting opportunity for youngsters to learn how science is involved in almost everything they do on a day to day basis! Science kids allows you to not only watch the instructor carry out mini experiments but also take part in discovering what a volcano looks like when it erupts or how your taste buds work!

Water Polo £6

Compete against others in an exciting and energetic pool based sport.

Water Walkerz £6

Take an opportunity to walk on water inside a floating inflatable ball. A timeslot will be given upon booking.

Go Quest £6

Family fun! Learn map reading skills to navigate your family around the park and find hidden points to crack the code!

Circus Skills £6

A session specially designed to learn the basics of circus skills.

Easter Egg Hunt £3

Join in with Whitemead's Easter Egg Hunt and find the hidden clues around the park to discover the mystery Easter word.

GO Fitness

All fitness classes are lead by qualified instructors for people 16 years and over.

Cardio & Core - Members & Onsite Guests £3.00, Non-Members £4.10

Pilates - Members & Onsite Guests £3.00, Non-Members £4.10

Aquarobics - Members & Onsite Guests £3.00, Non-Members £4.10

Boot Camp (weather permitting)

- Members & Onsite Guests £3.00, Non-Members £4.10

Please pick up a fitness class leaflet from Guest Services for dates of classes.



PLEASE PRE-BOOK ALL ACTIVITIES BY CALLING 01594 560400 BETWEEN 8AM - 8PM OR GO TO THE GUEST SERVICES DESK

What to wear

For all outdoor activities you should bring long trousers, a long-sleeve top and trainers. For any pool activities please make sure you are wearing suitable swimwear to take part. No jewellery or valuables are advised to be worn. Please make sure long hair is tied back. Your safety is paramount so if the weather is unsuitable some outdoor sessions may be cancelled.

How to Book

Please go to the Guest Services desk to book activities. All activities require a parent/guardian to be present at all times. Activities must be booked in advance as there are minimum and maximum numbers for some activities. If you cannot make your session please let us know in advance. We are unable to give refunds for any activities, unless sessions are cancelled by Whitemead Forest Park. All correct at time of printing, we do reserve the right to change or cancel activities at any time.